

## **To Students Considering becoming a Reiki Master from Kate Jones Reiki Master, Usui Shiki Ryoho.**

### **Next Step Reiki Mastery?**

After practising Second Degree (level) Reiki for some time many students begin to consider their 'next step' and often come to the conclusion that it is time for them to become a Reiki Master. Below are some questions to try and help you explore whether this is the right next step for you.

It is important in reviewing your next step to know where you are now. One thing some Reiki students are unaware is that there are many different styles of Reiki and that there are therefore different approaches to the training and to being a Reiki Master.

The style or system of Reiki that I practice and teach is known as **Usui Shiki Ryoho in the lineage of Usui, Hayashi, Takata and Furumoto**. I am therefore talking about Reiki Mastery from the point of view of this system/style. There are other systems/styles that use the same name, but the style/system I practice and teach has a clearly defined form which contains 9 essential elements, all of which need to be present for it to be recognisable as this particular form of Usui Shiki Ryoho.

### **Question 1: What Style or System of Reiki Do you practice ?**

So the first question you need to be clear about is: what style of Reiki were you taught when you took Reiki 1 and 2? Is this what you still practice? What does being a Reiki Master mean in that style/system? You can find this out by talking with the Reiki master who taught you.

### **Question 2: Do you want to teach Reiki or are you just looking for personal development?**

Do you want to be a teacher of Reiki? In Usui Shiki Ryoho this is the primary reason for becoming a Reiki Master; becoming a Reiki Master does not give you extra ability giving treatments. If you are mainly interested in giving Reiki to others through treatments there are other ways for you to take your next step and deepen your Reiki practice in a way that can bring you great satisfaction and lead to personal and spiritual growth. If you have a strong desire to help other people to practice Reiki themselves, then teaching may be the right path for you.

### **Question 3: What do you want to practice and teach?**

Do you want to continue to practice the style of Reiki that you have learned so far, or are you looking for something different? Have you found the style of Reiki you practice now supportive, satisfying and that it helps you to grow (it may be challenging at times, but that can be part of the growth process!)? If you are happy with the style/system you already practice it is a good idea to stay with it: go back to your Reiki master for the next step or ask them to suggest another master who teaches in the same system.

If you decide that you wish to be a student of Usui Shiki Ryoho and started out in a different style of Reiki, it is quite possible to become a student and master of this system. You might need to review classes, but in most cases you would not need to receive the initiations (sometimes called attunements) again.

### **Question 4: Are you willing to dedicate your life to Reiki?**

Becoming a Reiki Master in Usui Shiki Ryoho is more like a vocation than a career choice. It requires commitment to the work of living your life within Reiki. It can also mean that you open yourself to changes you cannot predict at present! Preparing for the Master initiation is something that can take time. Becoming a Reiki Master in Usui Shiki Ryoho is not like the short courses you probably did for First and Second Degrees, it is more like an apprenticeship that takes as long as it needs for you to be ready to hold the responsibility of being a teacher of Reiki in this system.

### **Question 5: Do you expect to get rich being a Reiki Master?**

If you see being a Reiki Master as a way to earn a lot of money this may not be the next step for you: there are no Reiki millionaires! If you feel strongly that you want Reiki to be part of your livelihood, you could also consider earning money by giving Reiki treatments to the public.

If you need help to explore any of these questions, or if you would like to explore becoming a Reiki Master of Usui Shiki Ryoho further, please do contact me by e-mail or by phone: 01584 890 284.